

KIWANIS INTERNATIONAL

KIDS NEED PEOPLE TO MENTOR AND CARE FOR THEM

Kids are curious, lovable and hilarious. They're also wild, impatient and vulnerable. Kids need people to look out for them, so Kiwanis is there in every part of the globe.

At Kiwanis, we are generous with our time, creative with our ideas, passionate about making a difference and we have fun along the Way. Find out what Kiwanis is doing for kids in your community.

JOIN US

Be a part of the nearly 150,000 service projects that make a difference in kids' lives each year. Since 1915, Kiwanis members have united to serve kids and uplift communities. Each year Kiwanis members dedicate more than 18.5 million hours in service and raise more than US\$ 100 million for local and international causes. **WHAT MAKES KIWANIS SPECIAL?** Member-driven, community-focused clubs. Members choose the club meeting frequency, leaders and projects by examining what members want and what the community needs.

Hands-on service. Building playgrounds, reading to children, mentoring kids, preparing and serving meals to families in need and more. Whatever communities need most, Kiwanis is there.

Global impact. Members can serve both locally and globally. In 1994, Kiwanis joined with UNICEF to fight iodine deficiency disorders, the leading preventable cause of developmental disabilities. In 2010, we teamed up with UNICEF again to combat maternal and neonatal tetanus.

Personal impact. Through the Kiwanis Children's Fund you can create your own personal legacy and impact.

WHAT BENEFITS WILL YOU AND YOUR COMMUNITY RECEIVE FROM JOINING KIWANIS?

Social networks, like Kiwanis, help buffer people against stress and disease, which eases pressure on health systems.

- Volunteering also improves mental health and contributes to higher levels of happiness, self-esteem, self-worth and life satisfaction.
- Service projects contribute to economic growth through community investment.
- Mortality rates and heart disease decrease in states with higher volunteer rates.
- Kiwanis volunteers develop life skills and leadership abilities and can lead to employment opportunities.

Becoming active in your community increases awareness and understanding of public issues.